



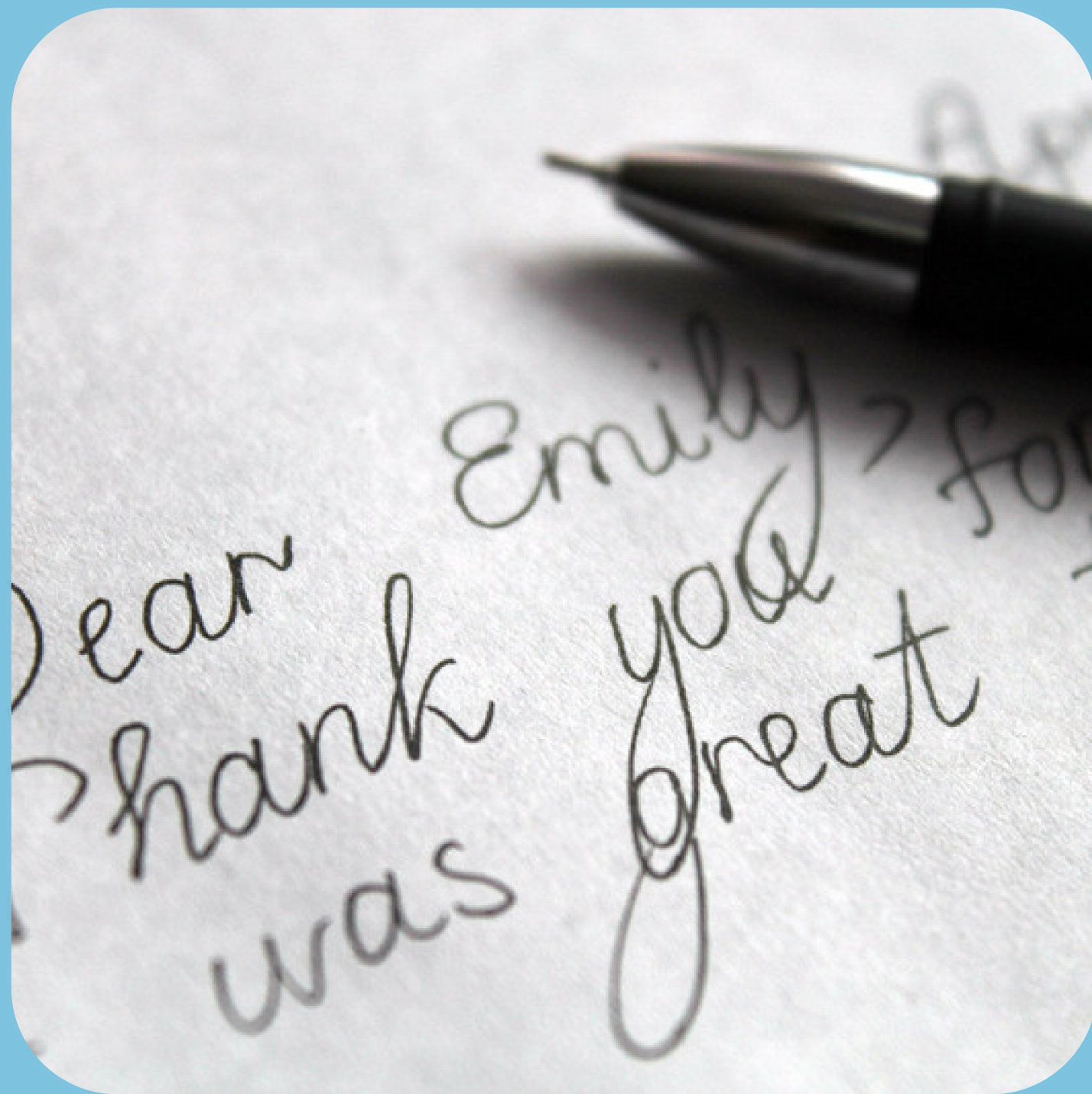
英文筆記學習

中壢高商-116316 廖奕傑

如何學的有效率且容易記住



目錄



- 1. 課文筆記
- 2. 背單字技巧
- 3. 考卷筆記
- 4. 學習心得

1. 課文筆記

單字要自己練習**造例句**，方便記憶。

2 Why are different colors used in our everyday lives, such as the examples **above**? That's because colors **have strong effects** on us. Have you ever **thought about** why school buses and taxis are painted yellow and why stop signs are **painted red**? This is because yellow is a color that is bright enough to catch people's attention, even in heavy traffic. **As for** red, it is usually **used to indicate** danger; thus, many traffic signs use this color.

3 How colors **affect appetite** is another thing that many of us want to learn about. According to studies, the color of a dining **environment** can **influence** how much people eat. Most restaurants and cafés are **decorated in** bright colors to try to **make** people eat more. This is because bright colors are the **natural** colors of many foods and are able to **raise** people's spirits. Blue, in comparison with bright colors, **calms** people **down** and makes them eat less. **What's more**, very **few** foods are blue in nature. **Therefore**, the **brain** doesn't **associate** this color with food. If someone is on a **diet**, using blue dishes and bowls might help.

Handwritten notes:

- ② have effects on sb/sth 對...有影響
- ③ be used to + 原V = 表被用來
- ④ be used to + Ving = 表習慣性
- ⑤ used to + 原V = 表以前常常/曾
- ⑥ be accustomed to + Ving
- ⑦ raise one's spirits 振振精神 (= lift / revive one's spirits)
- ⑧ little + 不可數(N), 很少(貶意)
- ⑨ a little + 不可數(N), 一些(肯定意)

Images: A plate of spaghetti with red sauce and a bowl of blue food.

課文看到特殊句型
補充它的**公式**。

補充其他用法或容易混淆
的句型。

IMPORTANT!

5 **indicate** [ˈmdeɪ, ket] ***
vt. to be a **symbol** or sign of something. 象徵
5-1 When a baby cries, this often indicates that **it** is hungry. 象徵, 表示, baby
5-2 Studies indicate that **poor** sleep can lead to certain **mental** problems, such as getting angry easily. 指出, 顯示
5-3 The red, orange, and yellow leaves are a clear **indication** that the weather is getting cold. 象徵, 表示 = **indicator** EX, a test score can be used as an indicator of academic performance.

6 **affect** [əˈfekt] ***
vt. to cause a change in someone or something. 影響 = **influence**
6-1 The things that parents say and do can affect how their children think or act. EX, what a teacher does affects his or her students' behavior.

7 **appetite** [ˈæpə, taɪt] ***
n. [U] the **desire** to eat 食慾
7-1 Lemon juice can **increase** people's appetite and make them want to eat more. 增加

8 **environment** [ɪnˈvaɪrənmənt] ***
n. [C] the conditions that influence the development of someone or something 環境
8-1 May took the job **without** a second thought because she liked the working **environment** there very much. 不假思索 / 毫不猶豫
8-2 We have only one Earth, so we should **make every effort** to protect the environment. 竭盡全力

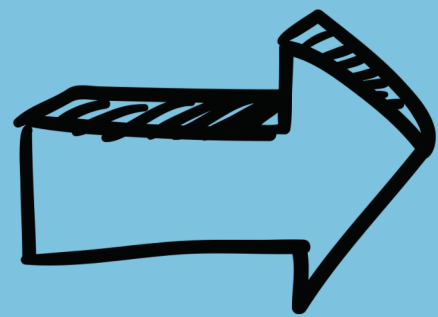
Handwritten notes:

- ② EX, a stormy night often indicates the following day will be sunny.
- ③ EX, a test score can be used as an indicator of academic performance.
- ④ EX, what a teacher does affects his or her students' behavior.
- ⑤ EX, Don't eat snacks between meals. This will ruin one's appetite.

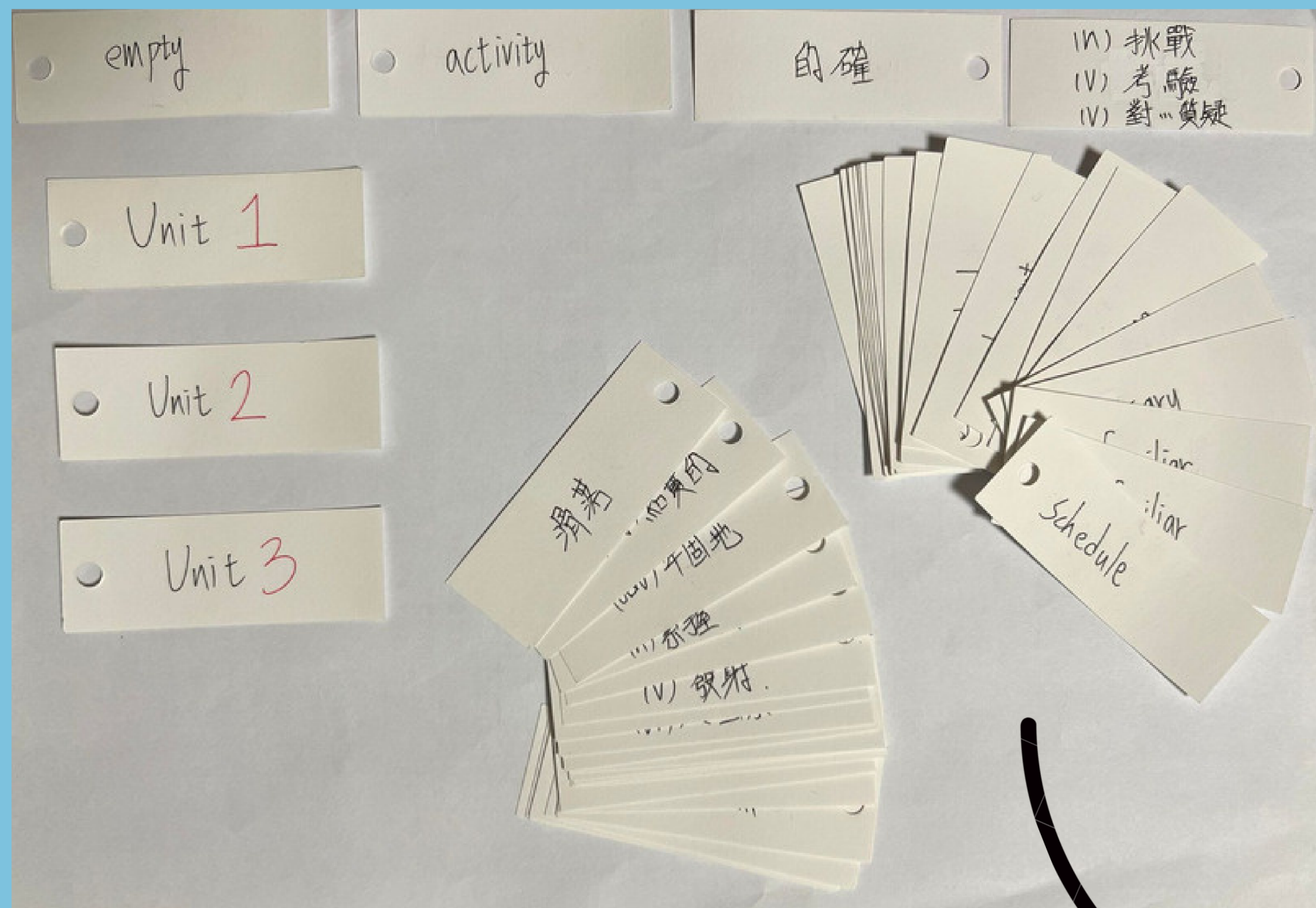
補充有關該單字的**片語**，使我們學得更深入。

• 看單字例句時，使用**螢光筆**畫出**關鍵字**，有助於我們聯想到該字詞。

2.背單字技巧



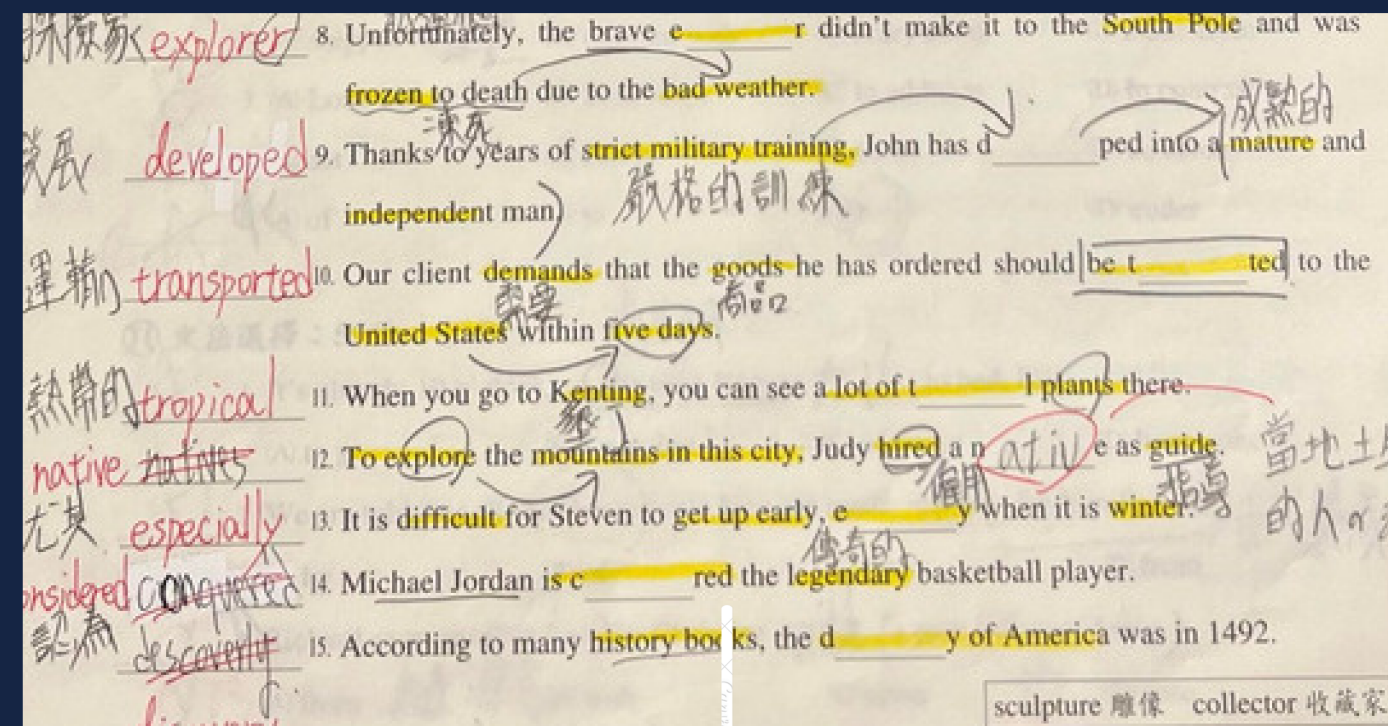
單字卡



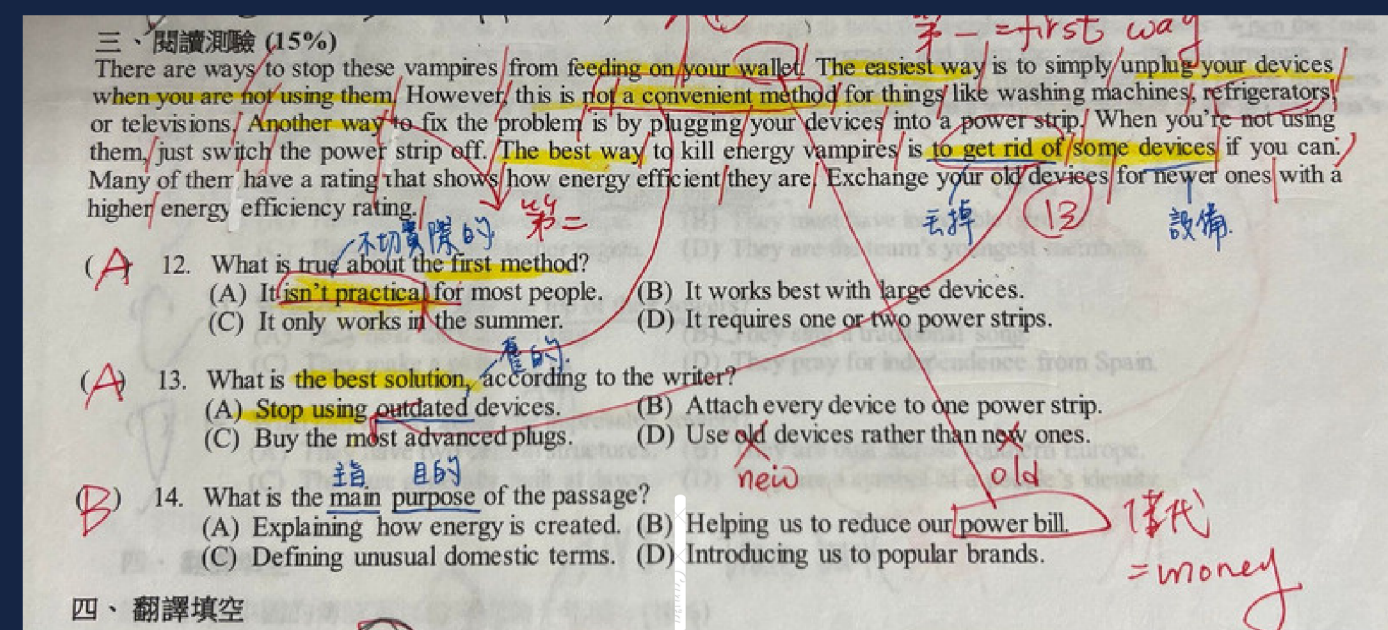
- 還在思考怎麼使用空閒時間，像是**通勤、排隊、等餐**等等的時間來背單字，但卻不想拿出厚厚一大本單字本，這時候**單字卡**就是一個很好的選擇。

一面寫**英文單字**而另一面寫**中文意思**，使用扣環扣起來，真的十分方便又輕巧，放在口袋隨時想翻閱就翻閱。手抄的過程還能增加**二次記憶**。

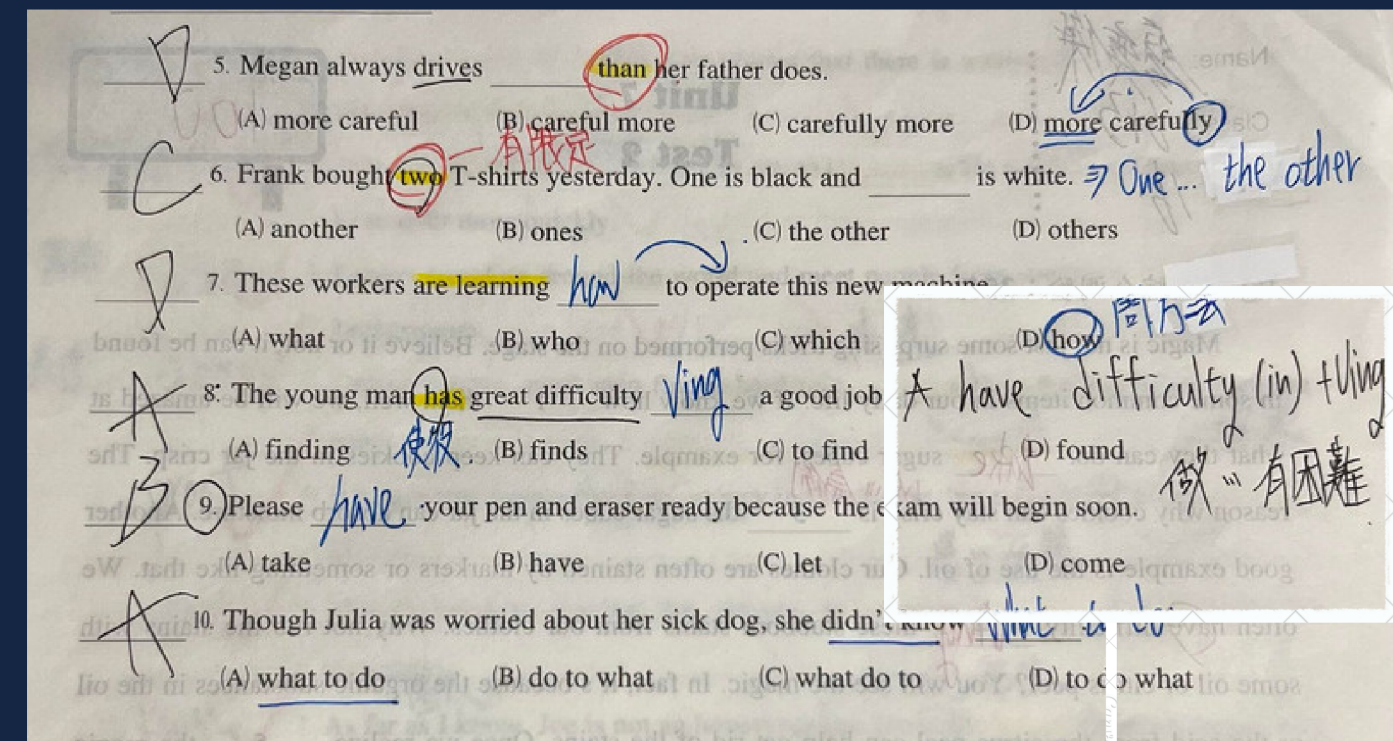
3. 考卷筆記



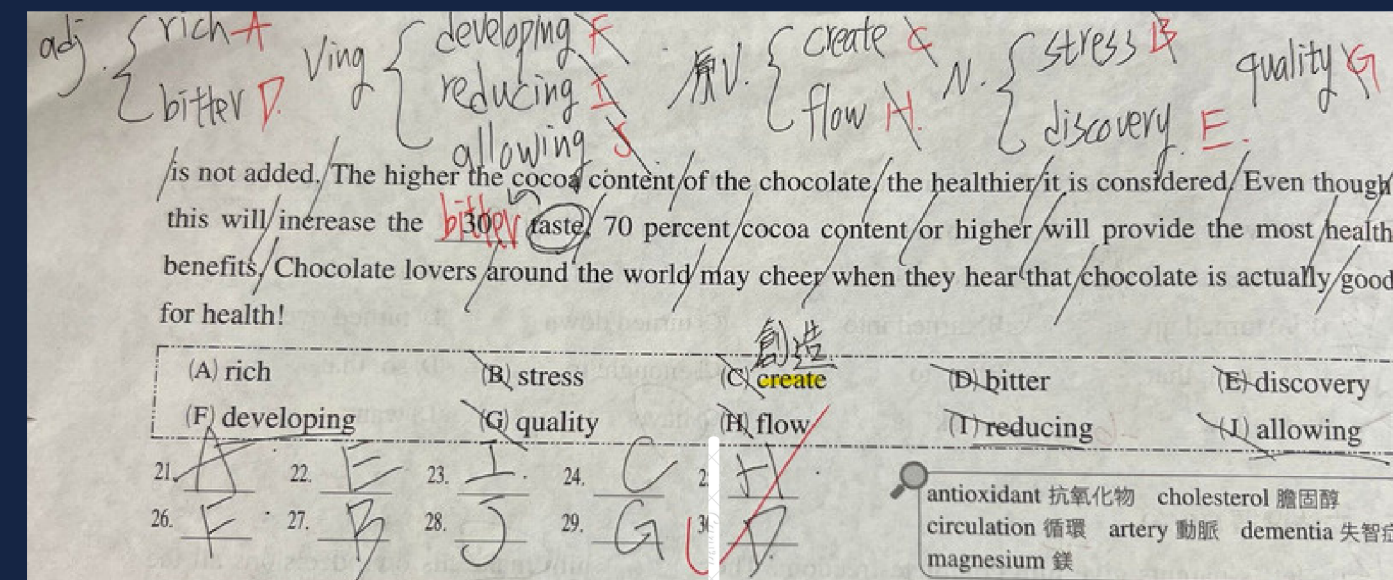
填充題使用螢光筆畫出關鍵字，
較能輕鬆聯想到答案。



閱讀題從題目中找出文章裡的線索，
能大幅減少閱讀時間。



選擇題將公式寫在旁邊，重新複習時
能更快抓住重點。



填充題先將字詞的詞性做分類，
再依據該空格的前後文作分析。

4.學習心得

要是我能早一點學習到這些作筆記的方法，學習真的會變得十分的輕鬆。上了高中改變我最大的就是**看文章的方法**。

以前的我看到文章，不管是長篇還是短篇，都是想盡辦法一個單字一個單字的去翻譯，這樣是很沒有效率的做法，但自從接觸孟淳老師教我們從題目**抓取文章關鍵字**以及**使用螢光筆畫出關鍵字**，閱讀文章意思就變得快速許多而且抓關鍵字的能力日漸增長。因為國中的文章沒有像高中文章一樣篇幅很長而且很多字詞都是沒看過的。

學了這招，每次考試遇到長篇文章，就不會像以前一樣覺得厭煩而且很想逃避，反而找出關鍵字有**滿滿的成就感**，這就是學習的**動力來源**！



THANK
YOU!

